



SAINT THERESA
THE LITTLE FLOWER
CATHOLIC CHURCH

First Communion Information:

First Communion is a Sacrament of Initiation. This will be your child's first time receiving the precious Body and Blood of our Lord and Savior, Jesus Christ. Your child will spend a great deal of time learning about the Eucharist and what it means and does for us. They will also receive the Sacrament of Reconciliation this year. This is usually done in a group setting on a Saturday morning following daily Mass (which we will attend) in January or February. I will have more information on dates and how to talk to your child about these Sacraments during the year.

Please note that you are signing your child up for a Sacramental preparation class and it is expected you will attend Mass as a family. It is difficult for them to grasp the Eucharist without participating in the Mass. It won't mean very much to them either if they aren't regularly attending Mass. If you have a former spouse who does not support your child's participation in this class and will not bring them to class or Mass while in their custody, please talk to me before you register. We don't want to deny your child the Sacrament but if their attendance is going to be sporadic it will be difficult for them.

I will try my best to have parent classes throughout the class year which at least one parent (preferably both) will be required to attend. I will take attendance. I will give you plenty of advance notice of these classes and they will take place during your child's faith formation class.

This is a special year in your child's faith journey and I hope you will make it a priority. This is a crucial year in their faith development and many of them are so excited and joyful about their faith. Take advantage of their excitement and enthusiasm and pray with your children often, try to come to adoration, pray the Rosary as a family, read a book about a Saint (I have several if you want to borrow one), do one or more corporal works of mercy together, make Advent and Lent center-stage. There is so much about our faith to learn and experience. Please don't hesitate to ask myself or your child's Catechist if you need any guidance or materials.

As time gets closer in the spring they will be practicing how to receive the host and wine. They may even be given unconsecrated hosts and wine to taste. If your child has any sensory issues or gluten allergies or other issues that may make them hesitant about receiving, please let your child's Catechist know.

If your child is on any kind of ADHD medication and is removed on weekends, or has Asberger's syndrome or other issues that may require special attention please address them with your child's Catechist.

Please consider having your child become an altar server after receiving First Communion. This is an excellent way for them to participate in the life of the church. Classes will be announced in the spring.

Thank you and God Bless,
Leslie McGowan



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Please return to Leslie McGowan in the Parish Office:

We need your child's Baptism certificate. If your child was baptized at St. Theresa, then tell us the date. If your child was baptized at another church, please ask them for a copy of your child's baptismal certificate.

BAPTISM CERTIFICATE IS ATTACHED: Yes _____ No _____

MY CHILD WAS BAPTIZED AT ST. THERESA ON _____
date

MY CHILD WAS BAPTIZED AT ANOTHER PARISH

Name _____

Location _____
City State Zip

I have read and understand the First Communion Information sheet, and we will do our best to abide by all necessary requirements and suggestions.

Signature: _____
(both parents sign, if able)

Date: _____

SACRAMENTAL FEES - \$60 (includes Faith Formation fees) and must be turned in by August 24, 2020.